

November 2018

340 North Queen St. Dover, DE 19904
uucdcontact@gmail.com & UUCD.ORG

CONNECTIONS

UNITARIAN UNIVERSALISTS
OF CENTRAL DELAWARE

A Welcoming Congregation
Chartered 2009

Sunday Services

Save These Dates

Mon 11/5

DIMH dinner
Head Chef: Julie Price

Wed 11/7, 6.30pm

Worship Committee meeting
at CBS

Sat 11/10, 9-noon

Adopt-A-Highway

Sun 11/11, 11.30am

Social Justice Committee
meeting

Wed 11/14, 7-8.30pm

Mindfulness Meditation at
CBS

Wed 11/28, 7-8.30pm

Mindfulness Meditation at
CBS

Wed 11/28, 6.30-8.30pm

Board Meeting

11/4

MAKING A MEMORY
REV GREG CHUTE

The UUA Soul Matters program suggests "memory" as a topic to explore in November. We all have many memories: some, good, some not so good, many in between. Perhaps the most important and significant thing about them is what we do with them.

11/11

VETERANS DAY
RICH MAHEE

Richard Mahee, who served with a combat unit during the Vietnam War takes an emotional look back at America's fight for democracy on two fronts: Vietnam and the Civil Rights Movement.

11/18

THANKSGIVING: SO WHAT?
REV GREG CHUTE

We often are invited to stop and to reflect during this holiday season about the things for which we are thankful. I would take that process one step further and ask: So What? What difference does being thankful make in our lives? How do we express our thanks? How does it effect who we are?

SOCIAL JUSTICE SUNDAY
OFFERING GOES TO DELAWARE SPCA

11/25

VISION WORKSHOP
KERRY MCELWEE

In 1853, Henry David Thoreau wrote this a famous essay called "Walden" which contains a hidden code for prosperous living. During this dynamic Vision workshop you will unlock this code so that you can harness your life's purpose and the prosperity you deserve!

a note from our president

The shooting last weekend has again raised concerns and how do we deal with it. I sent a message to Caroline Schwartz from all of us extending our collective sympathies and concerns. The need to be together and talk to trusted friends can be a good place to start. While the family we have is small, we certainly are stronger together. If anyone desires resources for professional help, I will have lists of statewide resources available for the next few weeks. Please remember we all have different history and this may hit harder for some. If you need to talk to me, please reach out and I know Greg is here for all of us as well. If there is one thing I know for sure, generalizing does not help us understand or process feelings being brought up. Each act of violence has a specific story and we may never know what it actually is. Please seek the help you desire and be extra kind and gentle with yourself and others, especially now.

Peace and Blessings-
Kerry

*#128 For All That
is Our Life*

HYMN OF THE MONTH



Cathy Marsh (2), Wayne Kling (10), Allison Guiteras (19), Jeanne Shafenburg (28)

what can YOU do for the social justice committee?

Donate to the Code Purple box

Participate in Adopt-A-Highway

Be generous every third Sunday for the offertory

Keep the Coastal Cleanup in the back of your mind for September

Help at the DIMH dinners

mindfulness

This is to announce the formal naming of the mindfulness group sponsored by the Unitarian Universalists of Central Delaware . ST. JONES RIVER LOTUS SANGHA meets twice monthly in the main sanctuary of Congregation Beth Shalom 340 North Queen Street, Dover, DE 19904. We meet to practice mindfulness on the second and fourth Wednesdays of each month from 7:00 p.m. to 8:30 p.m.

The group is registered as a formal sangha with the Mindfulness Bell, a publication of Plum Village. Plum Village, France is the home of the monastic order who practice in the tradition and teachings of Thich Nhat Hanh, a Vietnamese Buddhist monk and teacher.

A Sangha is a community which strives to live in harmony and awareness. We welcome all to enjoy peace as we practice with guided, silent and walking meditation. There is no fee and no prior experience is necessary.

For further information please contact Molly Keogh at 302-399-9134.
The dates for November are 14th and 28th.

Working Groups/Contacts

Social Justice Committee: Mark Jarrell

Worship Committee: Laura Parks

Leadership Development: Erv Schleifer

Stewardship Committee: Sandy Nelson

Caring Team: Gloria Gross

Religious Education Team:

Susan Guiteras

Fund Raising: could be you!

Web Site: Tom Gower

Newsletter: Laura Parks

Social Media: Sheryl Winsby,

Susan Guiteras

Hospitality: Cindy Hesseltine

Greeters: Rose Ackerman

Email Updates: Greg Chute

Greeter Schedule

11/4: Yolande Jackson

11/11: Cynthia Johnson and Kristy Martin

11/18: Cindy and Leigh Hesseltine

11/25: Sandy Nelson

Welcoming the Stranger

Refugee and Immigration Crisis
in Delaware and Beyond

Sunday, November 11th,
1 pm to 3 pm

First Unitarian Church sanctuary
730 Halstead Road (off Concord Pike)

A community forum designed to build understanding and
heighten compassion about the legal and personal issues of
immigration, asylum, and refugee status in
our state, nation and the world

Speakers include:

Widener University Delaware Law School - **Professor Mary Brigid McManamon**

Jewish Family Services Refugee Resettlement Program - **Basha Silverman**

Network Delaware Safe Communities Campaign – **Dalissy Washington and Cecelia E. Duplam**

Unitarian Universalist Service Committee – **Doyle Dobbins**



Sponsored by the First Unitarian Church, Human Rights Task Force

Questions? Contact Becky Laster, blaster102@verizon.net

First Unitarian Church to Host a Forum on the Refugee and Immigration Crisis in Delaware, the Nation and the World

For immediate release

Contact: Becky Laster blaster102@verizon.net

Wilmington, Delaware, October..., 2018 On Sunday, November 11, from 1 p.m. to 3 p.m. the public is invited to a forum titled, **“Welcoming the Stranger — Refugee and Immigration Crisis in Delaware and Beyond”** at the First Unitarian Church, 730 Halstead Road, Wilmington, Delaware (off Concord Pike). The event brings together experts on immigration issues to speak about the legal and personal struggles faced by immigrants, refugees, and asylum-seekers. A question and answer period will follow.

Featured speakers:

Professor Mary Brigid McManamon, who teaches Constitutional Law at Widener University Delaware Law School, will give a presentation on current issues and continuing controversies over the nation’s southern border. In 2016, she published an Op-Ed in the Washington Post on the definition of “natural born citizen.”

Dalissy J. Washington and Cecelia E. Duplam from Network Delaware will tell their stories about living as “Dreamers” here in Delaware. They will explain the progress the Safe Communities Campaign has made to provide sanctuary and highlight the challenges ahead.

Basha Silverman, CEO of Jewish Family Services, will share the achievements and goals of the Delaware Refugee Integration Support Effort (RISE). Through intensive, culturally sensitive case management, RISE helps refugees integrate into new communities, obtain and retain employment, and maintain healthy lifestyles.

Doyle Dobbins will discuss the work of the Unitarian Universalist Service Committee (UUSC), which supports refugees throughout the world. He will highlight their progress in Central America. The UUSC has supported refugees and political dissidents since World War II and recently published a report called, “The United States Follows Hungary’s Dangerous Path to Dismantling Asylum.”

The forum is designed to build understanding and heighten compassion for the people whose lives are intimately affected by current national and state policies. The inspirational speakers will create momentum and urge us toward action by providing some meaningful ways to get involved. Doors will open at 12:30 p.m.

The forum is sponsored and organized by the Human Rights Task Force of the First Unitarian Church. For more information, please contact Becky Laster at blaster102@verizon.net.

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The Vision Workshop with Kerry McElwee, DreamBuilder Coach

- Do you want to experience more prosperity and balance in your life?
- Are you pouring your heart and soul into your work and still not getting the results you want?
- Would you like to increase your success and stay in complete harmony with your highest values and spiritual beliefs?

If these questions resonate with you, then you are going to love this seminar!

The Vision Workshop: 3 Keys To Accelerating Your Results

When: Saturday November 3 1:00-4:00 Meeting Room A

Where: Dover Public Library

Investment: FREE (3 Hours of your time)

Register by sending email to faithbagsbykerry@gmail.com

In 1853, Henry David Thoreau wrote this a famous essay called "Walden" which contains a hidden code for prosperous living. During this dynamic Vision workshop you will unlock this code so that you can harness your life's purpose and the prosperity you deserve!

You will learn:

- Two essential keys for tuning into your purpose.
- A 5-point test for determining whether your dream is right for you.
- Simple thinking-strategies that will guard you from fear, doubt and worry.
- What wealthy people do that creates sustained success.
- The number one factor that causes people to lose steam when going after a dream, and how to stay motivated and override it.
- A proven method for dissolving resistance you may have to prosperity so you can attract higher levels of results and abundance.
- The 1 critical thing you must give up in order to reach your dream.
- And much more!

Kerry McElwee has been a victim advocate and group facilitator for over 20 years. She has a passion of helping people unlock their Dreams and live a life the truly LOVE.

Email: faithbagsbykerry@gmail.com

Call: 302-943-3136

Website: www.KerryMcElwee.DreamBuilderCoach.com