

August 2017

UNITARIAN UNIVERSALISTS OF CENTRAL DELAWARE

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UUCD.ORG

CONNECTIONS

A Welcoming Congregation
Chartered 2009

Sunday Services

Save These Dates

Mon 8/7

DIMH dinner

Wed 8/2, 7pm

Mindfulness Meditation at CBS

Sat 8/5, 10-5

Delaware Pride

Sun 8/13, 11.30am

Social Justice Committee meeting

Sat 8/19, 9-noon

Adopt-A-Highway

Sun 8/20

Board Planning Meeting

Look Ahead

Sun 9/10

Ingathering and Water Communion Service

RE Parents and Teachers meeting

**COME, SING A SONG WITH US
JULIE PRICE**

8/6

Julie Price and members of the choir will lead the congregation in singing old favorites and new songs from our hymnals, including two in Spanish! No special skills required--just bring your enthusiasm and a willingness to learn.

**THIS ALIENATED LIFE:
how capitalism keeps you unhappy
JAYCE LESNIEWSKI**

8/13

We will be discussing capitalism, its negative effect on our lives, and what we can do about it.

**STUMBLING ON HAPPINESS
REV GREG CHUTE**

8/20

From the descriptor of the book of this title: "Renowned Harvard psychologist Daniel Gilbert describes the foibles of imagination and illusions of foresight that cause each of us to misconceive our tomorrows and misestimate our satisfactions."

I found this book quite candidly helpful in reflecting on what happiness is, what makes me happy, and how I just might be able to find more of it. Perhaps you might also find some of his thoughts enlightening.

**SO WHAT IF THIS IS ALL JUST AN ILLUSION
REV GREG CHUTE**

8/27

There is a lot of recent brain research which describes thought as an electrical transmission, as character as a chemical process, and perception as an illusion. To all this I ask: So What?

WANTED

Someone with a sewing machine and some experience to hem some fabric, not a complicated job.



Sheriff Greg

→ REWARD ←

Negotiable

A NOTE FROM OUR PRESIDENT

As I read our update yesterday I am so sorry to hear about Paul Russell's passing, but I am thankful for having known him. My thoughts are with Sara, Benjamin and the rest of the Russell family.

This month has been busy with trips, work groups and planning in all aspects of our community. I hope everyone has started planning for the "UUCD Extended Family" groups gatherings. Central Extended Family will be having a "Pot Luck" at my house on August 10th. The board will not be having a standard meeting this month, we will meet for our year planning on the 20th after church. Regular monthly board meetings will

resume in September, scheduling will be announced after our meeting.

Planning for the coming Religious Education year has begun. The RE team met on July 26th to get things started. The Parents and Teachers Meeting is Sunday September 10th after the service. This is for all parents as we prepare for starting classes or service projects for all ages. Your participation is needed so that classes can begin the 17th. Susan Guiteras and Sarah Unruh are team leads and Mara Ormond is child care team lead.

Working together we will provide the best for all our young UUs. I'm really excited to see the projects and growth in our children.

-Kerry



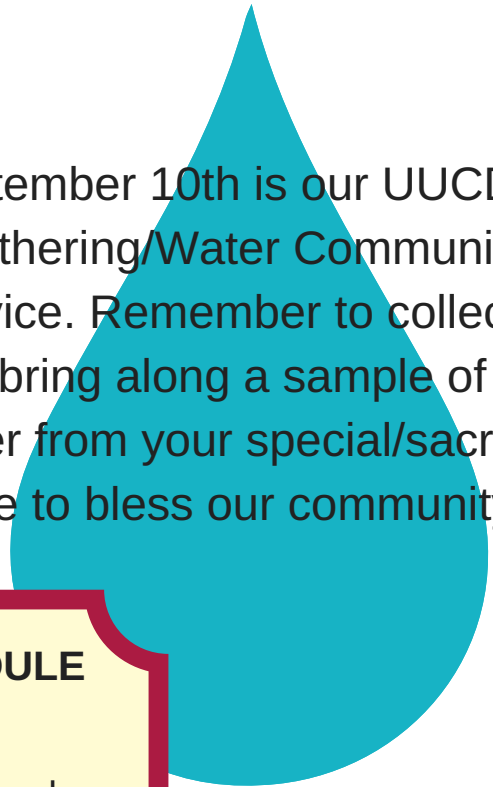
Amy Dill (2), Gail Stevens (10), John Ellingsworth (17), Judy Kling (22), Ashley Hamilton (23), Kellie Newman (27), Seraphine Smith (28), Josiah Rich (29)

Anyone interested in a bus trip this Fall to the Met for a Saturday opera matinee in NY?

If interested contact Greg.



September 10th is our UUCD Ingathering/Water Communion Service. Remember to collect and bring along a sample of water from your special/sacred place to bless our community.



FELLOWSHIP SCHEDULE

8/6:

Kathy Veit and Cathy Marsh

8/13:

Esther Curtis and Chris Dawson

8/20:

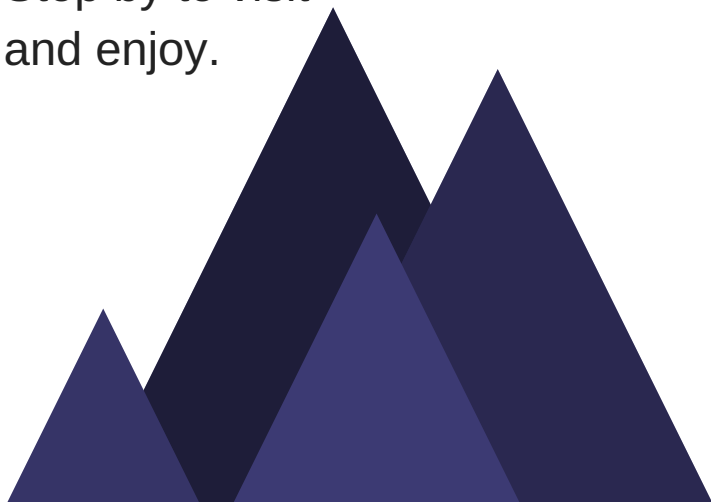
Sheryl Winsby and Tom Gower

8/27:

Kerry and Casey McElwee

Saturday, August 5th, 10 to 5 is the 10th Annual Delaware Pride

Event on Legislative Mall. The Delmarva UU Cluster will have a booth representing our congregations and denomination. Stop by to visit and enjoy.



Can you help Alex Conall move from Apt B13 to Apt D26 in Lake Club Apartments at 400 N Dupont Hwy. on August 26th?

If interested, please email alexconall@gmail.com.

Also include any food restrictions that would apply to a Domino's Pizza order.



FOOD FOR THOUGHT

Rev Greg Chute

Some of you may recall that I did a reflection on “My Bucket List” last year. The point (if you missed it, or I didn’t make it) was that the list we might come up with says volumes about who we are. What makes it onto our individual bucket list says a lot about our priorities, our ambitions, our values. Making a bucket list might be a valuable spiritual practice well worth the time and effort.

I mention this because I recently saw a show on ESPN about a tri-athlete in Australia named Terry who made his list. At 24 his best longtime friend and school chum died in a tragic accident. The shock awoke in him the perennial questions of who am I? and what am I doing with my life? So he sat down and composed his list of 100 things he wanted to do.

Some random entries are:

- 1 – running with the bulls
- 10 – chase a tornado
- 13 – be in a medical trial
- 22 – be in a boxing match
- 26 – help a stranger
- 29 – spend one week in silence
- 34 – kiss a celebrity
- 54 – scooter across Australia
- 58 – sky dive naked
- 79 – live with a tribe for one week
- 82 – hitchhike across America
- 88 – grow a beard

The question is not **WHAT**
am I going to be when I
grow up; the question is **WHO**
am I going to be when I
grow up.

Goldie Hawn

I suppose Terry’s list does say a lot about him: who he is, his values, priorities and peculiar ambitions. As he started out in pursuit of accomplishing his list, he began to achieve a certain notoriety in the media. His list was published and his progress enthusiastically followed. I don’t recall reading anything about Terry here in the US, but in Australia celebrities began calling him offering to be kissed. One young man partially paralyzed and confined to a wheel chair picked up on # 26 and called Terry. Mark had always wanted to be in a half-marathon and wondered if Terry might help him. Terry agreed, began training, and eventually pushed Mark in his wheel chair through the 13 ½ mile course. Of course this made the news and further increased Terry’s popular appeal.

FOOD FOR THOUGHT CONTINUED

All good things do eventually come to an end, sort of. When Terry did finally accomplish his list, the media was interested in knowing how he felt about it all. Terry replied that upon due reflection he really didn't recall large parts of his endeavor. They were fleeting experiences that he was glad he had experienced, but that # 26 had changed his life. He wasn't inclined to go back to repeat anything, but now random strangers had begun calling him: he went skydiving (clothed) with a woman with brain tumors, snorkeling with a blind man. Some of his friends were now also spending time on # 26. And the consensus was that helping a stranger was by far the most rewarding, the most enriching, the most exciting experience of all.

I am not really surprised by this story. I'm going to assume you're not either. We

do know in our heart of hearts that much of our life experience is transitory, gone too soon, ill remembered and signifying nothing. But there are those moments that endure, those moments of meaning and purpose, of inspiration and delight; those moments that make a difference, that change our lives, that reveal to us what has lasting import and who we just might become. So I still suggest you make a bucket list; that you still reflect on what it says about you as a human becoming; and what difference does it make, if any?

Enjoy

— *Greg*



**I am not a human being,
I am a human becoming.**

Og Mandino